



**Everton Park
June 2010**

While we try to teach our children all about life,
Our children teach us what life is all about.
~Angela Schwindt~

Water Safety Education

The aim of water safety education is to enable students to recognize and assess potential aquatic dangers and to develop a realistic understanding of their swimming ability in various water and weather conditions. The practice of water safety, life saving and survival skills should commence early in the aquatic program within the constraints of the pool environment. As confidence and ability increase, these skills should be practiced in open water if at all possible. The students will develop confidence, competence, endurance and judgment skills that should maximize the chance of survival in an emergency.

Drowning is a silent death, so your child needs to develop their Personal Aquatic Survival Skills to the point where they can make their way back to the point of entry into the water, where it is still water, and be able to survive long enough to be rescued if the water is moving (surf, river etc.).

Swimming in Clothes and Royal Life Saving Week 21st June -26th June

During the week of the 21st June – 26th June (Monday to Saturday) all children will need to bring clothes to swim in.

During this week we will be following the Royal life Saving program, the children will be assessed by their teacher. The assessment will then be sent to Royal Life and they will send us certificates which we should be able to give out to the children the week after our break. We are looking forward to working with Royal life.

They will still be doing some of the lesson in their clothes as your child could accidentally fall into a pool, lake, ocean etc., and probably will not be wearing their togs or goggles. They will probably be fully dressed (shorts, shirt, shoes etc.). This is the reason for practicing swimming in clothes.

Their lessons during this week will be slightly different because they will be learning what to do if they were to fall into the water fully dressed.

Please leave their togs on underneath their clothes as we may take their clothes off during the lesson. It will also be a good idea to bring in a plastic bag to put their wet clothes into after their les-

Swim School Closed

The swim school will be closed for 1 week from Monday 28th June and reopen on Monday the 5th July. We wish everyone a safe and happy holiday over the school break.

Colouring in competition

We will be running a colouring in competition to complement and reinforce our safety week, this will end on the 27th June and prizes will be given out the 1st week back after our break. Prizes have been donated by Royal Life.

We have put up a selection of pictures for your child to choose from, they can also be downloaded from our web site www.shapswim.com.au Everton Park page.

Going to prep 2011

If you have a child going to prep next year who is going to need an after school time, please let us know so we can start moving them into after school times now. This will ease the pressure of having to find spots for so many children in January 2010, it also helps the child settle into a new swimming routine long before they have to adapt to going to prep every day.

Fee Rise

As you are all well aware the cost of everything is rising, unfortunately we are going to have to put up our fees by a dollar a lesson. As from the 5th July the cost will be \$15.50 per lesson for those who pay monthly and \$14.50 for those paying three monthly.

Fees need to be paid by the 15th of the month otherwise a late fee of \$12 will be charged. Make up lessons will not be given unless fees are up to date.

Keeping warm

Note from Chris Shapland:

During the 1970's I worked most winters in ski areas in both Australia and Canada. The first survival skill you are taught is to keep your head warm because you can lose a lot of body heat through the top of your head.

Now that the weather is starting to cool down you can take simple measures to ensure your child retains their body temperature after they get out of our heated pool.

A beanie combined with long pants and shirts in most cases will do the job.

Chris Shapland.

Cancellations

Your booking is a permanent booking and we require one months notice if you wish to finish. Please could you also let us know in writing when your child is due to finish.

Thank you Sally & Emma

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Special for Shapland Swim School customers:

If you refer a friend or family member to list and sell their property through me, I will return the favor by shouting you and your partner to a luxurious night at the Sofitel Brisbane, once the property settles. I will also ensure that you get upgraded to an executive room, which includes access to Club Sofitel on level 30 for complimentary pre-dinner drinks, and breakfast. Please contact me if you have any questions or would like to take advantage of this limited offer.

P.S. Yes you can refer yourself!!!

Offer valid until July 31st 2010