



.Warner
June 2010

While we try to teach our children all about life,
Our children teach us what life is all about.

~Angela Schwindt~

Water Safety Education

The aim of water safety education is to enable students to recognize and assess potential aquatic dangers and to develop a realistic understanding of their swimming ability in various water and weather conditions. The practice of water safety, life saving and survival skills should commence early in the aquatic program within the constraints of the pool environment. As confidence and ability increase, these skills should be practiced in open water if at all possible. The students will develop confidence, competence, endurance and judgment skills that should maximize the chance of survival in an emergency.

Drowning is a silent death, so your child needs to develop their Personal Aquatic Survival Skills to the point where they can make their way back to the point of entry into the water, where it is still water, and be able to survive long enough to be rescued if the water is moving (surf, river etc.).

Winter Special

Winter is a good time for your child to consolidate and improve their Personal Aquatic Survival Skills by taking advantage of our offer of a second lesson at half price. This offer has started and will finish at the end of August 2010.

End of Financial Year

The end of the financial year is just about upon us so can you please make sure your fees are up to date so that our change over to the new financial year is relatively seamless for our invoicing system. Carrying outstanding fees into the new financial year places a extra burden on our managers.

Swim School Closed

The swim school will be closed on the Queen's Birthday long weekend Monday the 14th of June.

Going to prep 2010

If you have a child going to prep next year who is going to need an after school time, please let us know so we can start moving them into after school times now. This will ease the pressure of having to find spots for so many children in January 2010, it also helps the child settle into a new swimming routine long before they have to adapt to going to prep every day.

Lesson Structure

If your child has had swimming lessons in a program that was based on social interaction and songs then coming to a Shapland program will seem very different. My families philosophy has always been swimming lesson should be fun however the steps or skills a pupil needs to master have not changed in over 60 years of teaching swimming. Most swim schools use what is called station teaching. This means that your child, as their skill level progresses will mover from one teacher to another. In the Shapland system it is possible for your child to start as a baby with an instructor and then have that same instructor all the way through their skill development.

All our instructors have been trained at ongoing workshops conducted by Chris Shapland and are all familiar with the rigid set of steps your child will need to follow in order to be able to swim. So even though are lessons, if you have been in another program, seem very different in their structure in terms of rigidity, I can assure that our instructors are following a tried and proven method of teaching your child to swim. The two main skill areas your child will focus on are Balance and Breath control and then once your child is confident in the water there are five basic skills your child will need to then master in order to be able to hold the water well enough with their hands and feet to be able to lift/turn their head out of the water and take a breath.

If you ever have concerns about your child progress or the 2B5 method of teaching unique to Shapland's that we use, then please talk to your instructor or drop me an email at shapswim@msn.com.au
Chris Shapland.

Coloring in competition

We will be running a coloring in competition to complement and reinforce our safety week, this will end on the 27th June and prizes will be given out the 1st week back after our break. Prizes have been donated by Royal Life.

We have put up a selection of pictures for your child to choose from, also they can be downloaded from our web site www.shapswim.com.au Warner page.

Keeping warm

During the 1970's I worked most winters in ski areas in both Australia and Canada. The first survival skill you are taught is to keep your head warm because you can lose a lot of body heat through the top of your head.

Now that the weather is starting to cool down you can take simple measures to ensure your child retains their body temperature after they get out of our heated pool.

A beanie combined with long pants and shirts in most cases will do the job.

Chris Shapland.

Cancellations

Your booking is a permanent booking and we require one months notice if you wish to finish. Please could you also let us know in writing when your child is due to finish

Thank you Brendan and Toni.

Aaron Young
0410 520 426
3325 4085
aaronyoung@remax.com.au

Special for Shapland Swim School customers:

If you refer a friend or family member to list and sell their property through me, I will return the favor by shouting you and your partner to a luxurious night at the Sofitel Brisbane, once the property settles. I will also ensure that you get upgraded to an executive room, which includes access to Club Sofitel on level 30 for complimentary pre-dinner drinks, and breakfast. Please contact me if you have any questions or would like to take advantage of this limited offer.

P.S. Yes you can refer yourself!!!

Offer valid until July 31st 2010